

RENAL FROZEN SUPPER

MAY 2023

For meal cancellations/questions about your meals, please call the Nutrition Dept. at 413-538-9020 by NOON the business day before.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Garden Scrambled Egg Potatoes, Cranberry Apples Side Dessert: SF Sugar Cookie Light White Bread Cranberry Juice Sodium 590	2 Chicken Marsala Butternut Squash, Green Beans Side Dessert: Peaches Light White Bread Cranberry Juice Sodium 416	3 Chicken with Gravy Potatoes, Brussels Sprouts Side Dessert: SF Lemon Cookie Light White Bread Grape Juice Sodium 440	4 Thai Ginger Curry Chicken Green Beans, Carrots Side Dessert: Applesauce Light White Bread Cranberry Juice Sodium 312	5 Meatballs & Cavatappi Broccoli Side Dessert: SF Choc. Chip Ckie. Light White Bread Pineapple Juice Sodium 319	6 Three Cheese Macaroni Green Beans, Carrots Side Dessert: SF Choc. Chip Ckie Light White Bread Cranberry Juice Sodium 522	7 Omelet Potatoes, Fruited Granola Side Dessert: Canned Peaches Light White Bread Apple Juice Sodium 511
8 Twisted Mac & Cheese Carrots Side Dessert: Canned Pears Light White Bread Cranberry Juice Sodium 498	9 Garden Scrambled Egg Potatoes, Cranberry Apples Side Dessert: SF Sugar Cookie Light White Bread Cranberry Juice Sodium 590	10 Chicken Marsala Butternut Squash, Green Beans Side Dessert: Peaches Light White Bread Cranberry Juice Sodium 416	11 Chicken with Gravy Potatoes, Brussels Sprouts Side Dessert: SF Lemon Cookie Light White Bread Grape Juice Sodium 440	12 Thai Ginger Curry Chicken Green Beans, Carrots Side Dessert: Applesauce Light White Bread Cranberry Juice Sodium 312	13 Meatballs & Cavatappi Broccoli Side Dessert: SF Choc. Chip Ckie. Light White Bread Pineapple Juice Sodium 319	14 Three Cheese Macaroni Green Beans, Carrots Side Dessert: SF Choc. Chip Ckie Light White Bread Cranberry Juice Sodium 522
15 Omelet Potatoes, Fruited Granola Side Dessert: Canned Peaches Light White Bread Apple Juice Sodium 511	16 Twisted Mac & Cheese Carrots Side Dessert: Canned Pears Light White Bread Cranberry Juice Sodium 498	17 Garden Scrambled Egg Potatoes, Cranberry Apples Side Dessert: SF Sugar Cookie Light White Bread Cranberry Juice Sodium 590	18 Chicken Marsala Butternut Squash, Green Beans Side Dessert: Peaches Light White Bread Cranberry Juice Sodium 416	19 Chicken with Gravy Potatoes, Brussels Sprouts Side Dessert: SF Lemon Cookie Light White Bread Grape Juice Sodium 440	20 Thai Ginger Curry Chicken Green Beans, Carrots Side Dessert: Applesauce Light White Bread Cranberry Juice Sodium 312	21 Meatballs & Cavatappi Broccoli Side Dessert: SF Choc. Chip Ckie. Light White Bread Pineapple Juice Sodium 319
22 Three Cheese Macaroni Green Beans, Carrots Side Dessert: SF Choc. Chip Ckie Light White Bread Cranberry Juice Sodium 522	23 Omelet Potatoes, Fruited Granola Side Dessert: Canned Peaches Light White Bread Apple Juice Sodium 511	24 Twisted Mac & Cheese Carrots Side Dessert: Canned Pears Light White Bread Cranberry Juice Sodium 498	25 Garden Scrambled Egg Potatoes, Cranberry Apples Side Dessert: SF Sugar Cookie Light White Bread Cranberry Juice Sodium 590	26 Chicken Marsala Butternut Squash, Green Beans Side Dessert: Peaches Light White Bread Cranberry Juice Sodium 416	27 Chicken with Gravy Potatoes, Brussels Sprouts Side Dessert: SF Lemon Cookie Light White Bread Grape Juice Sodium 440	28 Thai Ginger Curry Chicken Green Beans, Carrots Side Dessert: Applesauce Light White Bread Cranberry Juice Sodium 312
29 NO MEAL SERVICE  MEMORIAL DAY	30 Three Cheese Macaroni Green Beans, Carrots Side Dessert: SF Choc. Chip Ckie Light White Bread Cranberry Juice Sodium 522	31 Omelet Potatoes, Fruited Granola Side Dessert: Canned Peaches Light White Bread Apple Juice Sodium 511	MENUS SUBJECT TO CHANGE WITHOUT NOTICE. Weekend meals are provided to authorized clients only. Renal meals: 560 mg sodium, restricted in potassium and phosphorus			

Suggested, Confidential, Voluntary Donation of \$2.50/meal. Funding provided by MA Executive Office of Elder Affairs & Administration for Community Living.