

WestMass ElderCare Monthly Rainbow Supper Club


Holyoke Council on Aging ~ 291 Pine Street ~ Holyoke, MA

December 2018 MENU

RESERVATIONS REQUIRED: please call (413) 538-9020 OR email rainbowsupperclub@wmeldercare.org

Questions concerning your meals: please call our Nutrition Department at (413) 538-9020.

Suggested, Confidential, Voluntary Donation of **\$2.25/meal** 60 years or older - **\$6.00/meal** for guest under 60 years

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
		Vegetable Soup ^* Chicken in Savory Sauce * Confetti Rice ^* Green Beans ^* Multigrain Bread Frosted Spice Cake Mandarin Oranges ^*		
		5-7 PM Dinner Served at 5:30 pm		
10	11	12	13	14
				
17	18	19	20	21
24	25	26	27	28
31				

* = Gluten Free
^ = Vegan