


WestMass ElderCare Monthly Rainbow Supper Club
Holyoke Council on Aging ~ 291 Pine Street ~ Holyoke, MA
January 3, 2018 MENU

RESERVATIONS REQUIRED: please call (413) 538-9020 OR email rainbowsupperclub@wmeldercare.org

Questions concerning your meals: please call our Nutrition Department at (413) 538-9020.

Suggested, Confidential, Voluntary Donation of **\$2.25/meal** 60 years or older - **\$6.00/meal** for guest under 60 years

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------|----------------|---|-----------------|---------------|
| 1 | 2 | 3 | 4 | 5 |
| | | Chicken Parmesan Ziti w/ Marinara Sauce Tossed Salad / French Wheat Bread Fruit | | |
| | | 5-7 PM Dinner Served at 5:30 pm | | |
| 8 | 9 | 10 | 11 | 12 |
| | |  | | |
| 15 | 16 | 17 | 18 | 19 |
| | | | | |
| 22 | 23 | 24 | 25 | 26 |
| | | | | |
| 29 | 30 | 31 | | |
| | | | | |